



# Fresno Economic Opportunities Commission Head Start Annual Report—2012/2013

## Our Vision

**Head Start continues to play a key role in the transformation of education in America.**

**We bring our long record of success in working with the most challenging young children and their families to our partnerships with those in education and family services.**

**Together we will deliver on our nation's promise that all of our young children have the opportunity to succeed.**



Building a  
**better life**  
for children



Brian Angus, Chief Executive Officer  
Naomi Quiring-Mizumoto, Chief Programs Officer  
Tamala Olsby, Head Start Director  
Kathleen Shivaprasad, Early Head Start Program Director  
1920 Mariposa Mall, Suite 200  
Fresno, CA 93721 • 559 263-1200 • 559 263-1287 fax

This report is prepared to comply with the Head Start Reauthorization Act of 2007, Administrative Requirements and Standards Sec. 644 [42 U.S.C. 9839 (a)(2)].



## Table of Contents

	Page
Introduction .....	1
Program Overview	
Head Start .....	1
Early Head Start .....	2
A—Public and Private Funds Received.....	3
B—Budgetary Expenditures FY 2012 .....	3
C—Services to Families .....	4
D—Accountability—Quality Assurance and External Review .....	5
E—Service Measures—Medical and Dental Services .....	6
R—Family Engagement Activities .....	6
G—School Readiness Activities .....	7
Program Governance .....	10

## Introduction

Fresno Economic Opportunities Commission (Fresno EOC) Head Start has successfully provided comprehensive child development services for low income preschool children and their families since 1965. Services include education, nutrition, health, medical, dental, parental engagement and social services. Expansion of services to children ages 0-3 was implemented in 1996 through the Early Head Start Program. Over 98,666 Head Start children and 5,276 Early Head Start children and their families have received service from Fresno EOC since the program began in 1965.

The purpose of Fresno EOC Head Start is to promote the school readiness of low-income children by enhancing their cognitive, social, and emotional development in two ways:

1. The learning environment will support children's growth in language, literacy, mathematics, science, and emotional functioning, creative arts, physical skills, and approaches to learning; and
2. Each family will be provided with health, educational, nutritional, social, and other services when necessary based on the family's needs assessments.

Fresno EOC Head Start currently serves approximately 3,019 children throughout Fresno County in over 34 centers and 18 Home Base areas. The Early Head Start program serves approximately 308 children in urban Fresno, Clovis, Reedley, Sanger, Parlier, Del Rey, Selma, Fowler, Biola, and Kerman.

### Program Overview—Head Start

Head Start endeavors to strengthen the ability of disadvantaged children to cope with school by providing a program to meet their emotional, social, health, nutritional, and psychological needs in nurturing and stimulating environments.



#### Learning

Children are provided with a variety of age appropriate early childhood education-learning experiences to foster intellectual, social, and emotional growth. Head Start children participate in indoor and outdoor play, are introduced to the concepts of words, numbers and other pre-kindergarten skills, are encouraged to express their feelings, develop self-confidence, and the ability to get along with others. Children with disabilities are included with typically developing children.

#### Health Services

Children are provided with comprehensive medical, dental, mental health, and nutritional services, including meals/snacks each day. Head Start refers children to needed community resources and pays for services when families are unable to pay.



#### Parent Engagement

Parent engagement is the key ingredient to the success of Head Start children and their families in meeting many of their goals. Participation includes volunteering in the classroom, actively participating in home visits, making decisions regarding budgets, curriculum planning, staff hiring, training and all aspects of Head Start.

#### Family Assistance

Families are provided with social service assistance to assess and better meet their various needs. Parents are provided information regarding the emotional, social, health, nutritional, and psychological needs of their children and educational/literacy activities that can be carried out at home.

## Program Overview—Early Head Start

The mission of the Early Head Start program is to provide comprehensive child development and family support services to pregnant women and families with infants and toddlers birth to age three.



Early Head Start focuses on healthy cognitive, physical, social and emotional development of infants and toddlers. We also promote healthy outcomes for pregnant women and support positive family relations. Father/male participation is encouraged.

Early Head Start strives to have the greatest impact on participating children by offering supportive services as early in life as possible. The prenatal period of growth and development has a lasting impact on the child's potential for healthy growth and development after birth. Early Head Start programs provide services to pregnant women and their families through the child's first three years of life.

Some of our expected outcomes include:

- to promote safe, healthy and developmentally enriched care given to infants and toddlers through an array of both home and group experiences
- to support family members as primary caregivers and educators of their children as they strive toward self-sufficiency
- to encourage parent engagement in all aspects of planning, implementing, and evaluating the EHS program
- to encourage Early Head Start families to participate in and advocate for comprehensive high quality services that support children and families within their communities





## A—Public and Private Funds Received

Head Start and Early Head Start funds are received from the U.S. Department of Health and Human Services, Administration for Children and Families, and Child and Adult Care Food Program (CACFP-U.S. Department of Agriculture) and California Department of Education (USDA and State). No other public or private funds are received.



## B—Budgetary Expenditures FY 2012

### Head Start\*

FY 2012 Category	Budget Basic + T&TA	Expenditures			Percent of Total	2013 Proposed Budget (Basic + T&TA)	2013 Proposed Budget (Basic + T&TA) with Sequestration cuts
		Basic	T&TA	Total			
Personnel	15,327,713	14,676,530	28,966	14,705,496	52%	14,805,944	14,276,530
Fringe Benefits	5,829,777	6,494,293	22,505	6,516,798	23%	6,704,077	6,488,650
Travel	5,044	5,799	0	5,799	.02%	3,214	3,214
Equipment	0	0	0	0	0%	0	0
Supplies	700,875	618,176	9,039	627,215	2.2%	653,284	533,024
Contractual	143,876	134,385	223	134,608	.48%	117,365	115,396
Facilities Construction	0	0	0	0	0%	0	0
Other**	4,488,062	4,219,983	113,677	4,333,660	15%	4,101,957	3,575,679
Direct Costs	26,495,347	26,149,167	174,410	26,323,577	93%	26,385,841	24,992,493
Indirect Costs	1,722,013	1,818,419	12,148	1,830,568	6.5%	1,831,519	1,749,474
Total Amount	28,217,360	27,967,586	186,558	28,154,144		28,217,360	26,741,967

T&TA – Training and Technical Assistance

\*Met the 20% in-kind federal matching share.

\*\*Reimbursements from USDA and CACFP included in “Other”

### Early Head Start\*

FY 2012 Category	Budget*** Basic + T&TA	Expenditures			Percent of Total	2013 Proposed Budget (Basic + T&TA)	2013 Proposed Budget (Basic + T&TA) with Sequestration cuts
		Basic	T&TA	Total			
Personnel	2,575,694	2,371,056	0	2,371,056	57%	2,578,825	2,417,379
Fringe Benefits	848,533	839,562	0	839,562	20%	889,256	841,787
Travel	0	0	0	0	0%	0	0
Equipment	0	0	0	0	0%	0	0
Supplies	168,321	150,114	12,303	162,418	3.9%	110,676	110,676
Contractual	20,502	8,780	93	8,873	.21%	81,702	81,432
Facilities Construction	0	0	0	0	0%	0	0
Other**	490,014	463,082	60,491	523,574	13%	436,548	435,087
Direct Costs	4,103,064	3,832,595	72,888	3,905,483	94%	4,097,007	3,886,361
Indirect Costs	266,997	263,576	5,096	268,672	6.4%	286,791	272,046
Total Amount	4,370,061	4,096,171	77,984	4,174,155		4,383,798	4,158,407

T&TA – Training and Technical Assistance

\*Met the 20% in-kind federal matching share.

\*\*Reimbursements from USDA and CACFP included in “Other”

\*\*\* Includes Supplemental Funding from 9/30/11-12/31/11

## C—Services to Families

In school year 2012/2013, Fresno EOC Head Start provided services for 3,767 children and 3,583 families. The average monthly enrollment was 3,019. The funded monthly enrollment was 3,019. The program maintained 100% enrollment (as a percentage of funded enrollment) throughout the year. Most of the children served (95% or 3,591) were income eligible (including children below 100% poverty line, on public assistance, foster children, and homeless).

### Children and Families Served by Head Start

Children by Age	No. Enrolled	Type of Eligibility	No. Enrolled
3 years old	1,112	Income below 100% of Federal poverty line	1,610
4 years old	2,655	Receipt of public assistance (e.g., TANF, SSI)	1,903
5 years and older	0	Status as a foster child	70
Total	3,767	Status as homeless	8
		Over income	176
		Total	3,767

In school year 2012/2013, Fresno EOC Early Head Start provided services for 540 children (including pregnant women) and 484 families. The average monthly enrollment was 308. The program maintained 100% enrollment (as a percentage of funded enrollment) throughout the year. Most of the children/pregnant women served (98% or 529) were income eligible (including children below 100% poverty line, on public assistance, foster children, and homeless).

### Children and Families Served by Early Head Start

Children by Age	No. Enrolled	Type of Eligibility	No. Enrolled
Under 1 year	204	Income below 100% of Federal poverty line	310
1 year old	156	Receipt of public assistance (e.g., TANF, SSI)	201
2 years old	108	Status as a foster child	8
3 years old	19	Status as homeless	10
Pregnant women	53	Over income	11
Total	540	Total	540



## **D—Accountability—Quality Assurance and External Review**

Monitoring the goals and activities of Head Start and Early Head Start programs is an ongoing process. Through the use of regular self-assessments, the Tri-Annual Federal Review, and an annual fiscal audit, Fresno EOC Head Start and Early Head Start are able to maintain a high quality program and participate in continuous program improvement.

### **Independent Audit**

An annual independent audit is conducted in compliance with the requirements described in the U.S. Office of Management and Budget (OMB) Circular A-133. The most recent audit found that Fresno EOC Head Start and Early Head Start complied in all material respects with the requirements applicable to each of its major federal programs for the year ended December 31, 2011.

### **Federal Review by the Secretary of Health and Human Services**

Fresno EOC's most recent Federal Review occurred on January 9-14, 2011. Based on the information gathered during the review, it was determined that Fresno EOC Head Start and Early Head Start was in compliance with all applicable Head Start Performance Standards, laws, regulations and policy requirements. No corrective actions were required.

In addition, the Office of Head Start identified several areas of strengths within the program. Strengths indicated were: the program has a diverse and well qualified staff in order to meet the needs of the population service area, the use of both English and home languages resulted in dual-language learning, allowing children to attain proficiency in English as well as increase their abilities to communicate in their families' home languages, and both Head Start and Early Head Start programs provide high quality health services for the children enrolled.

During the triennial federal review, classrooms were observed using the Classroom Assessment Scoring System (CLASS). When comparing Fresno EOC Head Start CLASS scores to the national average, Fresno EOC scored higher in every dimension of the assessment tool.



## **E—Service Measures—Medical and Dental Services**

Because good health and nutrition are important for learning, Fresno EOC Head Start and Early Head Start focus on children's health. As required, all enrolled children have timely physical and dental exams and basic health screenings, including hearing, vision, health and nutrition; and follow-up referrals to medical and outside services.

Staff works with families to ensure follow-up services are received for any identified needs with appropriate medical and/or dental exams and treatment. Children enrolled in Head Start more than 45 days achieved a 93% success rate for complete medical exams\* and a 96% rate for complete dental exams. Children enrolled in Early Head Start more than 45 days achieved a 96% success rate for complete medical care and preventative dental care.



\*Complete medical exams include all of the following elements: physical exam, complete immunizations, hearing and vision screening, height and weight measurements, and hemoglobin and lead screening.

## **F—Family Engagement Activities**

Head Start and Early Head Start are programs designed to strengthen families and break the cycle of poverty. To make this happen, parents and caregivers are involved extensively in the programs' governance activities. Staff promotes and fosters parent involvement as families participate in classroom experiences, weekly home visits, and/or bimonthly socialization. In addition, families are encouraged to develop leadership skills by participation in the Local Parent Committee (LPC), County-Wide Policy Council (CWPC), Continuous Improvement Team (CIT), and the Health Services Advisory Committee.

The 2012/2013 school year parent involvement activities of Head Start and Early Head Start included:

- Classroom volunteers
- Home visits
- Cluster visits (Early Head Start)
- Socialization
- Field trips
- Monthly LPC meetings
- County-Wide Parent Conferences (2)
- Annual Program Self-Assessment
- Continuous Improvement Team (Early Head Start)
- Early Head Start Health Fair at the Spring Parent Conference
- Open Houses
- Parent Volunteer Recognition Luncheon
- Workshops, such as “Good Touch, Bad Touch”, “Positive Discipline”, “Transition”, “Health Topics and Procedures”, “How Children Learn Through Play”, “Gang Violence”, “Mental Health Issues” and “Domestic Violence”



## G—School Readiness Activities

Fresno EOC Head Start promotes the young child’s school readiness in the areas of language and cognitive development, early reading and mathematics skills, socio-emotional development, physical development and approaches to learning. Each child’s skills and knowledge are assessed to ensure that the educational instruction and school readiness of children in the program are supported.



### Child Assessments

Head Start children are assessed three times annually, in the fall, winter and spring. Using the Desired Results Developmental Profile – Preschool, School Readiness Goals are created based upon the areas the children need most improvement. Goals and results for all three assessments for the 2012/2013 school year can be viewed on page 8. Based upon the individual child assessment, teachers are able to individualize each child’s curriculum to meet the needs of that child. Children enrolled in Fresno EOC Head Start are getting a very good start for their academic careers. This assessment is also used to assess how Fresno EOC Head Start is meeting the needs of non-English speaking children and children diagnosed with a disability. It is important to note that while children who have an additional disadvantage in performing well in school (e.g., inability to speak English, diagnosed disability) scored below their counterparts, their progress from the beginning of the school year to the end showed the same rate of improvement and growth as their counterparts.

Early Head Start children are screened within 45 days of enrollment to identify infants and toddlers who need further evaluation for early intervention services. Staff uses the Ages and Stages Questionnaire Screening tool and the Infant/Toddler Developmental Assessment to evaluate the children’s sensory modalities and social-emotional development. These are evaluated through 8 domains: gross motor, fine motor, relationship to inanimate objects, language/communication, self-help, relationship to person, emotions and feeling states, and coping behavior. Children who are screened or assessed “at risk” or “delayed” on either instrument are referred for further evaluation and/or early intervention. Goals and results for the 2012/2013 program year can be viewed on page 11.

### Transition Activities

A transition MOU exists with the Fresno County Office of Education. The following activities to ease the family’s and child’s transition into kindergarten are noted below:

Activities	Number
Cross-program visits	187
Informational meetings with parents	10,831
Cross program meetings to discuss individual child progress	288
Schools contacted	167
School districts contacted	31
Letters to school principals, superintendents, district staff	166

## Fresno EOC Head Start School Readiness Goals 2012-2013

HS Child Development and Early Learning Framework	Fresno EOC HS School Readiness Goals	CA Preschool Learning Foundations	Fresno EOC HS Developmental Profile- Preschool (DRDP)	Results of DRDP I	Results of DRDP II	Results of DRDP III	
<b>Physical Development &amp; Health</b>	Children will exhibit control of small muscles by using fingers to manipulate small objects requiring precise eye-hand coordination.	Domain: Physical Development	Physical Development				
		Strand: Fundamental Movement Skills	40.PD3: Fine motor skills	15%	50%	81%	All Ages
		Substrand: 3.0 Manipulative Skills		4% 20%	20% 61%	58% 91%	3 Yr Olds 4 Yr Olds
<b>Social &amp; Emotional Development</b>	Children will demonstrate healthy relationships and interaction with peers and adults by recognizing and labeling others' emotions, and expressing empathy and sympathy to peers.	Domain: Social Emotional Development	Self and Social Development				
		Strand: Self	03.SSD3: Expression of empathy	5%	31%	68%	All Ages
		Substrand: 4.0 Empathy and Caring		1% 7%	10% 38%	39% 79%	3 Yr Olds 4 Yr Olds
<b>Approaches to Learning</b>	Children will demonstrate the ability to begin and finish activities with persistence and attention by maintaining interest in a project or activity until completed.	Domain: Social-Emotional Development	Cognitive Development				
		Strand: Self	31.COG5: Engagement and persistence	6%	31%	69%	All Ages
		Substrand: 5.0 Initiative in Learning		1% 7%	9% 40%	39% 81%	3 Yr Olds 4 Yr Olds
<b>Language and Literacy</b>	Children will demonstrate awareness that language can be broken into words, syllables, and smaller pieces of sound by identifying and distinguishing words in language and syllables in words.	Domain: Language and Literacy	Lang. and Literacy Dev.	1%	12%	45%	All Ages
		Strand: Reading					
		Substrand: 2.0 Phonological Awareness	20.LLD8: Phonological awareness	0% 1%	2% 16%	16% 57%	3 Yr Olds 4 Yr Olds
	Children will demonstrate awareness that letters can be individually named and have sounds associated with them.	Strand: Reading					
		Substrand: 3.0 Alphabetic and Word/Print Recognition	21.LLD9: Letter and word knowledge	4% 1% 5%	22% 5% 29%	51% 21% 64%	All Ages 3 Yr Olds 4 Yr Olds
		Domain: English Language Development	English Language Dev.	10%	26%	56%	All Ages
Dual Language Learners will exhibit increased engagement by demonstrating interest, understanding, and communicating while participating in English Literacy Activities.	Strand: Reading						
	Substrand: 2.0 Children show an increasing understand of book reading.	25.ELD3: Understanding and response to English literacy activities	5% 12%	10% 33%	28% 68%	3 Yr Olds 4 Yr Olds	
<b>Cognition and General Knowledge</b>	Children will demonstrate recognition that numbers (or sets of objects) can be combined or separated to make another number.	Domain: Mathematics Knowledge & Skills	Mathematical Dev.				
		Strand: Number Sense					
		Substrand: 2.0 Children will begin to understand number relationships and operations in their everyday environment.	33.MATH2: Number sense of mathematical operations	2% 0% 4%	19% 3% 25%	52% 20% 66%	All Ages 3 Yr Olds 4 Yr Olds

## Fresno EOC Early Head Start Program School Readiness Goals 2012-2013

<b>Child Development and Early Learning Framework</b>	<b>Fresno EOC EHS Readiness Goals</b>	<b>CA Infant &amp; Toddler Learning &amp; Dev. Foundations</b>	<b>Fresno EOC EHS IDA Performance Indicator</b>	<b>Results I</b>	<b>Results II</b>	<b>Results III</b>
<b>Physical Development &amp; Health</b>	Infants and toddlers will demonstrate improved health and development.	Infants & toddlers will develop the ability to move their large and small muscles.	Infants and toddlers will progress from:  head compensates through walks upstairs alternating feet  Ability to retain a rattle through builds tower of 3 cubes	89.4%  90.8%	89.2%  89.6%	94%  93%
<b>Social &amp; Emotional Development</b>	Infants and toddlers will demonstrate improved social behavior, emotion regulation and emotional well-being.	Infants & toddlers will develop the ability to respond to and engage with other children, concept they are individuals operating within social relationships and ability to manage emotional responses.	Infants and toddlers will progress from:  Following others with eyes to cooperative play  Expresses discomfort to recovers from small hurts on own	92.2%  93.3%	91.8%  90.3%	93%  97%
<b>Approaches to Learning</b>	Infants and toddlers will demonstrate improved positive approaches toward learning, including improved attention skills.	Infants & toddlers will develop the ability to mirror, repeat and practice the actions of others. The ability to attend to people and things while interacting with others and exploring the environment.	Infants and toddlers will progress from:  Shows seeking activities through tries to do things for self  Responds to voice through relates selectively to family members	91.5%  91.5%	88.4%  91.8%	95%  93%
<b>Language and Literacy</b>	Infants and toddlers will demonstrate progress positive communication, language, and emergent literacy skills.	Infants & toddlers will develop the ability to understand words and increasingly complex utterances. They will develop the interest in engaging with print in books and in the environment.	Infants and toddlers will progress from:  Looks at adults through talks about daily events  Vocalizes ah, eh, uh through knows rhymes or songs  retains rattle through imitates cross (+)	92.2%  84%  90.8%	91.8%  83.5%  89.6%	93%  89%  93%
<b>Cognition and General Knowledge</b>	Infants and toddlers will demonstrate improved general cognitive skills.	Infants & toddlers will develop understanding that one event brings about another, the ability to group, sort, categorize, connect and have expectations of objects and people according to their attributes, understanding of how things move and fit in space, ability to attend to people and things while interacting with others and exploring the environment and play materials.	Infants and toddlers will progress from:  looks at object through rotates form board to solve puzzle  follows object visually to strings small beads  head compensates through rides tricycle using pedals  vocalizes ah, eh, uh, through understands prepositions	93%  90.8%  89.4%  84%	91.8%  91.8%  89.2%  83.5%	94%  93%  94%  89%

## Program Governance

### Board of Commissioners (2013)

#### Elected Representatives

Julia Hernandez - *Target Area A*  
Juanita Veliz - *Target Area B*  
Daniel T. Parra - *Target Area C*  
J. Homer Leija - *Target Area D*  
Charles Bailey, Jr. - *Target Area E*  
Earl Brown Jr. - *Target Area F*  
Catherine Robles - *Target Area G*  
Linda R. Hayes - *Target Area H*

#### Community Sector Representatives

Gilbert Lara - *Wells Fargo*  
Rufus Fruge - *West Fresno Faith Based Organization*  
Charles Garabedian, Jr. - *Malaga County Water District*  
Tito A. Lucero - *Head Start County-Wide Policy Council*  
Reverend Paul McCoy - *NAACP*  
Los Mouanoutoua - *Lao Evangelical Church of God*  
Jimi Rodgers - *Association of Black Social Workers*  
Deanna Mathies - *Fresno Unified School District*

#### Representatives of Public Officials

Tim Bakman - *14th Senatorial District*  
Dr. Lee Farley - *Community Colleges*  
Amy Arambula - *Juvenile Courts*  
George A. Finley, Sr. - *Fresno County Board of Supervisors*  
Marina Magdaleno - *Fresno County Board of Supervisors*  
Woua Vang - *30th Assembly District*  
Jamie Ledezma - *31st Assembly District*  
Richard Keyes - *Fresno Mayor's Appointment*

### County-Wide Policy Council Executive Board (2012/2013)

Juan Luna - Chairperson  
Tanisha Rancharan - Vice Chairperson  
Denisha Houston - Secretary  
Abrana Zarate - Treasurer  
Elisa Gonzalez - Sergeant-at-Arms  
Cheyanna Lightfoot - Historian  
Sarah Reese - Early Head Start  
Sandra Manzo - Personnel Committee  
Monica Escobar - Parent Planning and Review Committee  
Vanessa Reyes - Eligibility, Recruitment, Selection, Enrollment and Attendance (ERSEA) Committee  
Joseph Hill - Budget and Finance Committee



Head Start



## **Executive Office**

**Chief Executive Officer**

Brian Angus

**Chief Programs Officer**

Naomi Quiring-Mizumoto

**Chief Financial Officer**

Salam Nalia

**Interim Human Resources Director**

Michael Garcia

**Planning and Resource Development Officer**

Paul McClain-Lugowski

**Planning and Communication Officer**

Lynne Jones

**Operations Officer**

Bill Simon

**Internal Audit Manager**

Susan Shiomi

## **Service Areas**

Head Start currently serves over 3,000 children throughout Fresno County in 34 Centers and 18 Home Base areas.

Early Head Start currently serves over 300 children throughout Fresno County in 2 Centers and 9 Home Visitation areas.

Biola	Kings Canyon
Cantua Creek	Malaga
Caruthers	Mendota
Clovis	Mountain Area
Coalinga	Orange Cove
Del Rey	Parlier
Easton/Raisin City	Pinedale
Fresno	Reedley
Firebaugh	Riverdale
Five Points	San Joaquin
Fowler	Sanger
Huron	Selma
Kerman	Tranquility
Kingsburg	