



# Fresno County Economic Opportunities Commission Head Start Annual Report—2010/2011

## Our Vision

Head Start continues to play a key role in the transformation of education in America.

We bring our long record of success in working with the most challenging young children and their families to our partnerships with those in education and family services.

Together we will deliver on our nation's promise that all of our young children have the opportunity to succeed.



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This report is prepared to comply with the Head Start Reauthorization Act of 2007, Administrative Requirements and Standards Sec. 644 [42 U.S.C. 9839 (a)(2)].



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# Introduction

Fresno County Economic Opportunities Commission (EOC) Head Start Preschool has successfully provided comprehensive child development services for low income preschool children and their families since 1965. Services include education, nutrition, health, medical, dental, parental involvement and social services. Expansion of services to children ages 0-3 was implemented in 1996 through the Early Head Start Program. Over 91,228 Head Start Preschool children and 4,175 Early Head Start children and their families have received service from Fresno County EOC since the program began in 1965.

The purpose of Fresno County EOC Head Start is to promote the school readiness of low-income children by enhancing their cognitive, social, and emotional development in two ways:

1. The learning environment will support children’s growth in language, literacy, mathematics, science, and emotional functioning, creative arts, physical skills, and approaches to learning; and
2. Each family will be provided with health, educational, nutritional, social, and other services when necessary based on the family’s needs assessments.

Fresno County EOC Head Start Preschool currently serves approximately 3,019 children throughout Fresno County in over 34 centers and 18 Home Base areas. The Early Head Start program serves approximately 308 children in urban Fresno, Clovis, Reedley, and Sanger.

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## Program Overview—Head Start Preschool

Head Start Preschool endeavors to strengthen the ability of disadvantaged children to cope with school by providing a program to meet their emotional, social, health, nutritional, and psychological needs in nurturing and stimulating environments.



### Learning

Children are provided with a variety of age appropriate early childhood education-learning experiences to foster intellectual, social, and emotional growth. Head Start children participate in indoor and outdoor play, are introduced to the concepts of words, numbers and other pre-kindergarten skills, are encouraged to express their feelings, develop self-confidence, and the ability to get along with others. Children

with disabilities are included with typically developing children.

### Health Services

Children are provided with comprehensive medical, dental, mental health, and nutritional services, including meals/snacks each day. Head Start Preschool refers children to needed community resources and pays for services when families are unable to pay.



### Parent Involvement

Parent involvement is the key ingredient to the success of Head Start children and their families in meeting many of their goals. Participation includes volunteering in the classroom, actively participating in home visits, making decisions regarding budgets, curriculum planning, staff hiring, training and all aspects of Head Start.

### Family Assistance

Families are provided with social service assistance to assess and better meet their various needs. Parents are provided information regarding the emotional, social, health, nutritional, and psychological needs of their children and educational/literacy activities that can be carried out at home.

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## Program Overview—Early Head Start

The mission of the Early Head Start program is to provide comprehensive child development and family support services to pregnant women and families with infants and toddlers birth to age three.



Early Head Start focuses on healthy cognitive, physical, social and emotional development of infants and toddlers. We also promote healthy outcomes for pregnant women and support positive family relations. Father/male participation is encouraged.

Early Head Start strives to have the greatest impact on participating children by offering supportive services as early in life as possible. The prenatal period of growth and development has a lasting impact on the child's potential for healthy growth and development after birth. Early Head Start programs provide services to pregnant women and their families through the child's first three years of life.

Some of our expected outcomes include:

- to promote safe, healthy and developmentally enriched care given to infants and toddlers through an array of both home and group experiences
- to support family members as primary caregivers and educators of their children as they strive toward self-sufficiency
- to encourage parent involvement in all aspects of planning, implementing, and evaluating the EHS program
- to encourage Early Head Start families to participate in and advocate for comprehensive high quality services that support children and families within their communities



## A—Public and Private Funds Received

Head Start Preschool and Early Head Start funds are received from the U.S. Department of Health and Human Services, Administration for Children and Families, and Child and Adult Care Food Program (CACFP-U.S. Department of Agriculture) and California Department of Education (USDA and State). No other public or private funds are received.



## B—Budgetary Expenditures FY 2009

### Head Start Preschool\*

FY 2009 Category	Budget Basic + T&TA	Expenditures			Percent of Total	2010 Proposed Budget (Basic + T&TA)
		Basic	T&TA	Total		
Personnel	15,042,322	14,247,589	27,907	14,275,496	52%	15,416,435
Fringe Benefits	5,720,755	5,683,738	14,537	5,698,275	21%	5,707,042
Travel	6,557	13,308	0	13,308	.05%	5,004
Equipment	221,094	311,857	0	311,857	1%	0
Supplies	679,325	686,927	4,435	691,362	3%	682,822
Contractual	145,236	117,033	265	117,298	.43%	140,520
Facilities Construction	0	0	0	0	0%	0
Other**	4,846,555	4,524,899	160,630	4,685,529	17%	4,355,434
Direct Costs	26,661,864	25,585,351	207,774	25,793,125	94%	26,307,257
Indirect Costs	1,590,238	1,644,929	13,505	1,658,434	6%	1,709,972
<b>Total Amount</b>	<b>28,252,102</b>	<b>27,230,280</b>	<b>221,279</b>	<b>27,451,559</b>		<b>28,017,229</b>

T&TA -- Training and Technical Assistance

\*Met the 20% in-kind federal matching share.

\*\*Reimbursements from USDA and CACFP included in "Other"

### Early Head Start\*

FY 2009 Category	Budget Basic + T&TA	Expenditures			Percent of Total	2010 Proposed Budget (Basic + T&TA)
		Basic	T&TA	Total		
Personnel	1,340,383	1,063,803	0	1,063,803	54%	1,395,699
Fringe Benefits	323,053	375,978	0	375,978	19%	309,801
Travel	0	3,809	0	3,809	.19%	0
Equipment	45,000	45,000	0	45,000	2%	0
Supplies	35,878	35,467	537	36,004	2%	45,044
Contractual	6,026	16,615	56	16,671	.84%	4,570
Facilities Construction	0	0	0	0	0	0
Other**	255,637	286,798	43,656	330,454	17%	216,258
Direct Costs	2,005,977	1,827,470	44,249	1,871,719	94%	1,971,372
Indirect Costs	119,671	109,244	2,802	112,046	6%	128,139
<b>Total Amount</b>	<b>2,125,648</b>	<b>1,936,714</b>	<b>47,051</b>	<b>1,983,765</b>		<b>2,099,511</b>

T&TA -- Training and Technical Assistance

\*Met the 20% in-kind federal matching share.

\*\*Reimbursements from USDA and CACFP included in "Other"

## C—Services to Families

In school year 2010/2011, Fresno County EOC Head Start Preschool provided services for 3,726 children and 3,527 families. The average monthly enrollment was 3,019. The funded monthly enrollment was 3,019. The program maintained 100% enrollment (as a percentage of funded enrollment) throughout the year. Most of the children served (95.5% or 3,558) were income eligible (including children below 100% poverty line, on public assistance, foster children, and homeless).

### Children and Families Served by Head Start Preschool

Children by Age	No. Enrolled	Type of Eligibility	No. Enrolled
3 years old	1,091	Income below 100% of Federal poverty line	1,659
4 years old	2,635	Receipt of public assistance (e.g., TANF, SSI)	1,809
5 years and older	0	Status as a foster child	78
Total	3,726	Status as homeless	12
		Over income	168
		Total	3,726

In school year 2010/2011, Fresno County Early Head Start provided services for 532 children (including pregnant women) and 482 families. The average monthly enrollment was 308. The program maintained 100% enrollment (as a percentage of funded enrollment) throughout the year. Most of the children served (96.4% or 513) were income eligible (including children below 100% poverty line, on public assistance, foster children, and homeless).

### Children and Families Served by Early Head Start

Children by Age	No. Enrolled	Type of Eligibility	No. Enrolled
Under 1 year	226	Income below 100% of Federal poverty line	302
1 year old	181	Receipt of public assistance (e.g., TANF, SSI)	204
2 years old	58	Status as a foster child	2
3 years old	13	Status as homeless	5
Pregnant women	54	Over income	19
Total	532	Total	532



## D—Accountability—Quality Assurance and External Review

Monitoring the goals and activities of Head Start Preschool and Early Head Start programs is an ongoing process. Through the use of regular self-assessments, the Tri-Annual Federal Review, and an annual fiscal audit, Fresno County EOC Head Start Preschool and Early Head Start are able to maintain a high quality program and participate in continuous program improvement.

### **Independent Audit**

An annual independent audit is conducted in compliance with the requirements described in the U.S. Office of Management and Budget (OMB) Circular A-133. The most recent audit found that Fresno County EOC Head Start Preschool and Early Head Start complied in all material respects with the requirements applicable to each of its major federal programs for the year ended December 31, 2009.

### **Federal Review by the Secretary of Health and Human Services**

Fresno County EOC's most recent Federal Review occurred on January 9-14, 2011. Based on the information gathered during the review, it was determined that FCEOC Head Start and Early Head Start was in compliance with all applicable Head Start Performance Standards, laws, regulations and policy requirements. No corrective actions were required.

In addition, the Office of Head Start identified several areas of strengths within the program. Strengths indicated were: the program has a diverse and well qualified staff in order to meet the needs of the population service area, the use of both English and home languages resulted in dual-language learning, allowing children to attain proficiency in English as well as increase their abilities to communicate in their families' home languages, and both Head Start and Early Head Start programs provide high quality health services for the children enrolled.

During the triennial federal review, classrooms were observed using the Classroom Assessment Scoring System (CLASS). When comparing FCEOC Head Start CLASS scores to the national average, FCEOC scored higher in every dimension of the assessment tool.



## E—Service Measures—Medical and Dental Services

Because good health and nutrition are important for learning, Fresno County EOC Head Start Preschool and Early Head Start focus on children’s health. As required, all enrolled children have timely physical and dental exams and basic health screenings, including hearing, vision, health and nutrition; and follow-up referrals to medical and outside services.



Staff works with families to ensure follow-up services are received for any identified needs with appropriate medical and/or dental exams and treatment. Children enrolled in Head Start Preschool more than 45 days achieved a 96% success rate for complete medical exams\* and a 97% rate for complete dental exams. Children enrolled in Early Head Start more than 45 days achieved a 99% success rate for complete medical care and dental care.

\* Complete medical exams include all of the following elements: physical exam, complete immunizations, hearing and vision screening, height and weight measurements, and hemoglobin and lead screening.

## F—Parent Involvement Activities

Head Start Preschool and Early Head Start are programs designed to strengthen families and break the cycle of poverty. To make this happen, parents and caregivers are involved extensively in the programs’ governance activities. Staff promotes and fosters parent involvement as families participate in classroom experiences, weekly home visits, and/or bimonthly socialization. In addition, families are encouraged to develop leadership skills by participation in the Local Parent Committee (LPC), County-Wide Policy Council (CWPC), Continuous Improvement Team (CIT), and the Health Services Advisory Committee.

The 2010-2011 school year parent involvement activities of Head Start Preschool and Early Head Start included:

- Classroom volunteers
- Home visits
- Cluster visits (Early Head Start)
- Socialization
- Field trips
- Monthly LPC meetings
- County-Wide Parent Conferences (2)
- Annual Program Self-Assessment
- Continuous Improvement Team (Early Head Start)
- Early Head Start Health Fair
- Open Houses
- Parent Volunteer Recognition Luncheon
- Workshops, such as “Good Touch, Bad Touch”, “Positive Discipline”, “Transition”, “Health Topics and Procedures”, “How Children Learn Through Play”, “Gang Violence”, “Mental Health Issues” and “Domestic Violence”

## G—School Readiness Activities

Fresno County EOC Head Start Preschool promotes the young child’s school readiness in the areas of language and cognitive development, early reading and mathematics skills, socio-emotional development, physical development and approaches to learning. Each child’s skills and knowledge are assessed to ensure that the educational instruction and school readiness of children in the program are supported.



### Child Assessments

Head Start children are assessed three times annually—within the first six weeks of school, in January, and at the end of the school year. Using a locally designed Developmental Review tool based on the OHS Outcomes, the California Preschool Learning Foundations, and Creative Curriculum guidelines, teachers evaluate children in 25 categories. As one can see in the attached data (page 9), children enrolled in Fresno County EOC Head Start Preschool are getting a very good start for their academic careers. This assessment is also used to assess how Fresno County EOC Head Start Preschool is meeting the needs of non-English speaking children and children diagnosed with a disability. It is important to note that while children who have an additional disadvantage in performing well in school (e.g., inability to speak English, diagnosed disability) scored below their counterparts, their progress from the beginning of the school year to the end showed the same rate of improvement and growth as their counterparts.

Early Head Start children are screened within 45 days of enrollment to identify infants and toddlers who need further evaluation for early intervention services. Staff uses a locally designed Newborn Through 3-Month Sensory Screen Tool, Ages and Stages Questionnaires, and the Infant/Toddler Development Assessment to evaluate the children’s sensory modalities, social-emotional development, and the 8 domains of gross motor, fine motor, relationship to inanimate objects, language/communication, self-help, relationship to person, emotions and feeling states, and coping behavior. Children who are assessed “at risk” or “delayed” on any tool are referred for further evaluation and/or early intervention.

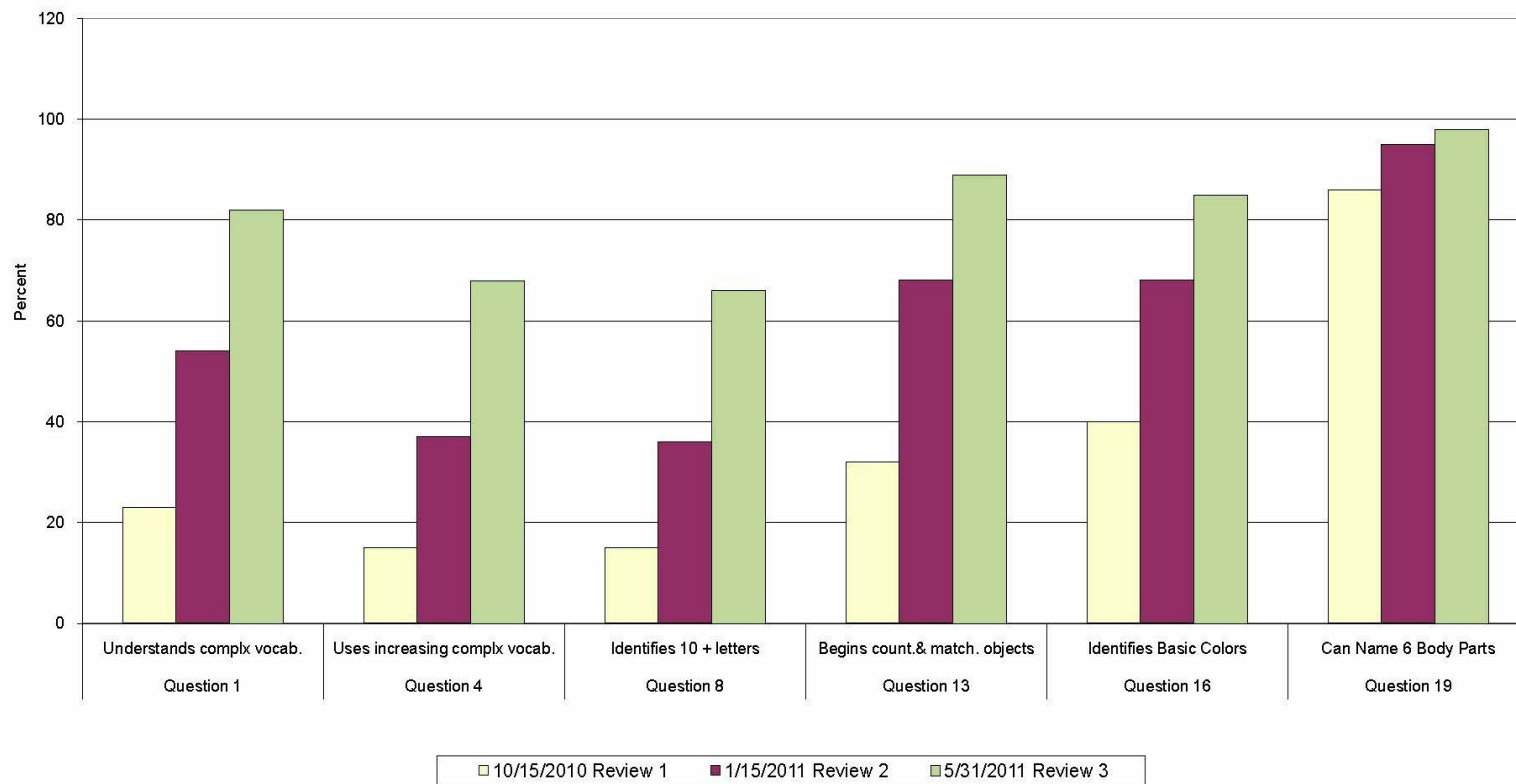
### Transition Activities

A transition MOU exists with the Fresno County Office of Education. The following activities to ease the family’s and child’s transition into kindergarten are noted below:

Activities	Number
<b>Cross-program visits</b>	221
<b>Informational meetings with parents</b>	11,426
<b>Cross program meetings to discuss individual child progress</b>	284
<b>Schools contacted</b>	165
<b>School districts contacted</b>	36
<b>Letters to school principals, superintendents, district staff</b>	177

FCEOC HEAD START - PRESCHOOL  
 CHILD OUTCOMES-SELF ASSESSMENT  
 School Year 2010-2011, CB and HB Combined  
 Four (4) Year Old Children

Percent of Children Recorded in Assessment as "Proficient"



# Program Governance



## Board of Commissioners

### Elected Representatives

Jose Antonio Ramirez - *Target Area A*  
Juanita Veliz - *Target Area B*  
J. Homer Leija - *Target Area C*  
Jess Saldana - *Target Area D*  
Charles Bailey, Jr. - *Target Area E*  
Daren A. Miller - *Target Area F*  
Eugene Rico - *Target Area G*  
Yesenia Carrillo - *Target Area H*

### Community Sector Representatives

Sandy Cha – *Wells Fargo*  
Pastor Rufus Fruge – *Central Valley Ministries Alliance*  
Charles Garabedian, Jr. - *Malaga County Water District*  
Tito A. Lucero - *Head Start County-Wide Policy Council*  
Rev. Paul McCoy - *NAACP*  
Vongsavanh Mouanoutoua - *Lao Evangelical Church of Fresno*  
Jimi Rodgers - *Association of Black Social Workers*  
Victor M. Villar – *Fresno Unified School District*

### Representatives of Public Officials

Tim Bakman - *14th Senatorial District*  
Dr. Lee Farley - *Community Colleges*  
Lori R. Mayfield - *Attorney at Law - Juvenile Courts*  
George A. Finley, Sr. - *Fresno County Board of Supervisors*  
Marina Magdaleno - *Fresno County Board of Supervisors*  
Woua Vang – *30th Assembly District*  
Amy Arambula - *31st Assembly District*  
Richard Keyes - *Fresno Mayor's Appointment*  
Catherine Mathis – *Early Childhood Education Consultant*

## County-Wide Policy Council Executive Board

Marcie Santana – Chairperson  
Lacy Faucett – Vice Chairperson  
Esther Poston – Secretary  
Yvette Dani Reid – Treasurer  
Ernesto Sandoval – Sergeant-at-Arms  
Veronica Martinez – Historian  
Sandra Manzo – Early Head Start  
Laura Pano – Personnel Committee  
Nellie Lopez – Parent Planning and Review Committee  
Yoshira Reyna – Eligibility, Recruitment, Selection, Enrollment and Attendance (ERSEA) Committee  
Marisol Gallegos – Budget and Finance Committee



Head Start

## Executive Office

### **Executive Director**

Brian Angus

### **Assistant Executive Directors**

Naomi Quiring-Mizumoto

### **Associate Executive Directors**

Dawn Cagle

Salam Nalia

Paul Mclain-Lugowski

### **Agency & Community Relations Director**

Lynne Jones

### **Operations Director**

Bill Simon

### **Internal Audit Manager**

Susan Shiomi

## Service Areas

Head Start currently serves over 3,000 children throughout Fresno County in 34 Centers and 18 Home Base areas.

Early Head Start currently serves over 300 children throughout Fresno County in 2 Centers and 9 Home Visitation areas.

Biola

Cantua Creek

Caruthers

Clovis

Coalinga

Easton/Raisin City

Fresno

Firebaugh

Five Points

Fowler

Huron

Kerman

Kingsburg

Kings Canyon

Malaga

Mendota

Mountain Area

Orange Cove

Parlier

Pinedale

Reedley

Riverdale

San Joaquin

Sanger

Selma

Tranquility